

# WiggleKids

## WiggleTips

**Honey Hills:** Inspired by the natural shape of the honeycomb, Honey Hills adopts the concept of tactile containers and turns them into a stimulating stepping game. Children can create paths with various heights and routes to explore the different textures with their feet, which enhances motor skills and provides a tactile experience.

Our Occupational Therapist has put together 4 WiggleTips activities to try with the Honey Hills!

**Activity #1:** To work on balance, set up the Honey Hills with a short gap between the honeycombs and challenge your child to stay balanced as they walk or hop from comb to comb. If your child needs support, provide a firm item such as a hoola-hoop they can use for support, and as they progress decrease the support by using a more flexible item such as a rope.

**Activity #2:** The honeycombs are unique as they have a secret hiding space where you can place different tactile items! Work on tactile discrimination by placing different shapes of dried pasta in the provided bags, and have your child guess the shape by only using the sensation of touch.

**Activity #3:** To work on planning and sequencing, have your child decide the pattern of the honeycombs and choose the route they will cross. You can also use the honeycombs as part of a larger obstacle course, and work on remembering the sequence of steps for the obstacle course that the child helped create. Don't forget you can stack the honeycombs to increase the challenge with various height steps.

**Activity #4:** To challenge your child's core strength (and have fun with imaginative play!) pretend you are a jungle animal trying to cross the Amazon! Slither like a snake, leap like a frog, or walk like a cat across the honeycombs.



Are you liking our products? Are you loving WiggleKids? We'd love to hear from you – give us a shout on all of your favourite Social Media platforms!

